

<p>NOVEMBER 2023 GCDC Preschool menu</p>	<p>Substitutions are made for all allergies and religious exemptions.</p>	<p>1.Pancakes & Mixed fruit Chez-its</p>	<p>2. Toast & jelly with applesauce Pretzel goldfish</p>	<p>3. Rice Krispies cereal & raisins PB cracker sandwiches</p>
<p>6. Chex Cereal & Bananas Jungle crackers</p>	<p>7. Waffles & applesauce Cheddar sun chips</p>	<p>8.Blueberry muffins & Mixed fruit Chex mix</p>	<p>9. Closed for In - Service</p>	<p>10. Closed for Veteran's Day</p>
<p>13. Multigrain Cheerios & blueberries goldfish</p>	<p>14. English muffins & bananas Tortilla chips & salsa</p>	<p>15. Corn bread & Mixed fruit Pepperoni & cheese</p>	<p>16.Cinnamon Toast & Applesauce Cheese sandwich crackers</p>	<p>17. Kix Cereal & raisins Wheat thins</p>
<p>20. Life cereal & Bananas sunchips</p>	<p>21. Bagels & mixed fruit Chez-its</p>	<p>22. Croissants & applesauce Yogurt & graham crackers</p>	<p>23. CLOSED FOR THANKSGIVING</p>	<p>24 CLOSED FOR THANKSGIVING</p>
<p>27. Honey bunches of oats & raisin Pretzel goldfish</p>	<p>28. Toast w/jelly & bananas Trail mix</p>	<p>29. Apple muffins & applesauce Cheese & crackers</p>	<p>30. Waffles & mixed fruit Jungle crackers</p>	<p>Milk is served with breakfast, lunch & snack. Water is served throughout the day. Menu subject to change due to availability.</p>