

NOVEMBER 2023 GCDC Preschool menu	Substitutions are made for all allergies and religious exemptions.	1.Pancakes & Mixed fruit Chicken Pot Pie soup Pineapple Chez-its	2. Toast & jelly with applesauce Sausage, Egg & cheese Pears Peas Pretzel goldfish	3. Rice Krispies cereal & raisins Extra Cheese Pizza Carrot chips w/ ranch Strawberries PB cracker sandwiches
6. Chex Cereal & Bananas Turkey & Cheese Carrots Oranges Jungle crackers	7. Waffles & applesauce Chicken Nuggets Green Beans Apple slices Cheddar sun chips	8.Blueberry muffins & Mixed fruit Beef Veggie Soup Peaches Chex mix	9. Closed for In - Service	10. Closed for Veteran's Day
13. Multigrain Cheerios & blueberries Ham & Cheese Peas Pineapples goldfish	14. English muffins & bananas Chicken & cheese sandwich Green beans Pears Tortilla chips & salsa	15. Corn bread & Mixed fruit Chicken noodle soup Oranges Pepperoni & cheese	16.Cinnamon Toast & Applesauce Pancakes & sausage Peaches Mashed sweet potato Cheese sandwich crackers	17. Kix Cereal & raisins Extra Cheese Pizza Fruit salad Garden salad w/ ranch Wheat thins
20. Life cereal & Bananas Beef Bologna & Cheese Green beans Pineapple sunchips	21. Bagels & mixed fruit Cheeseburgers Peas Oranges Chez-its	22. Croissants & applesauce Thanksgiving day feast. Turkey, mash potato, carrots, stuffing & cranberry sauce. Yogurt & graham crackers	23. CLOSED FOR THANKSGIVING	24 CLOSED FOR THANKSGIVING
27. Honey bunches of oats & raisins PB&J Peaches Carrots Pretzel goldfish	28. Toast w/jelly & bananas Parm Sandwich Green beans Pears Trail mix	29. Apple muffins & applesauce Chicken Pot Pie Soup Pineapple Cheese & crackers	30. Waffles & mixed fruit Smashed meatball sandwich Peas Oranges Jungle crackers	Milk is served with breakfast, lunch & snack. Water is served throughout the day. Menu subject to change due to availability.