

OCTOBER 2025 GCDC PRESCHOOL MENU Menu subject to change due to availability	Substitutions are made for all allergies & religious exemptions. Milk is served with each meal. Water served throughout the day.	1. Blueberry Muffin & Banana Chicken Noodle Soup Oranges Trail Mix	2.Toast w/ Jelly Sausage Egg & Cheese Peas Pears Jungle Crackers	3. Kix Cereal & Raisins Extra Cheese Pizza Carrot Chips Orange slices Cheez its
6.Multigrain Cheerios & Blueberries Turkey & Cheese Green beans Peaches Tortilla chips salsa	7.Pancakes & Applesauce Chicken & Cheese sandwich Peas Pineapple Cheese crackers	8.Apple Muffins & Banana Tomato Veggie Soup Pears Sunchips	9.English Muffins & Apple butter & Mixed fruit Chicken Nuggets Carrots Peaches Ritz cheese & crackers	10. Chex cereal & raisins Spaghetti & Meatballs Salad Apple slices Yogurt & graham crackers
13. CLOSED	14.Special K & Raisins PB&J Carrots Pears Ritz bits	15.Bagels w/ jelly & Banana Chicken Pot Pie Soup Oranges Goldfish	16.Corn Muffin & mixed fruit Cheeseburger Green beans Pineapple Naan & Hummas	17. Waffles & Applesauce Extra Cheese Pizza Cucumber Fruit salad Chex Mix
20.Rice Krispies & Raisins Ham & Cheese Peas	21.Cinnamon raisin toast & Applesauce Chicken Parm Green beans	22.Pancakes & Mixed fruit Beef Veggie Soup Peaches	23.Blueberry Muffin & Banana Chicken & Cheese burrito	24. Honey Bunches of Oats & Raisins Mac & Cheese Salad

pineapple Lance PB Crackers	Pineapple Cheez its	 Tortilla chips salsa	Carrots pears Jungle crackers	Apple slices Sunchips
27. Life Cereal & Raisins Beef Bologna & cheese Green beans Oranges Yogurt & Graham crackers	28.English muffin & Banana Smashed Meatball sandwich Peas Pears Ritz & cheese	29.Apple Muffin & Apple Sauce Chicken Noodle Soup Pineapple Trail mix	30.Toast w/ jelly & Mixed fruit Pancakes & Sausage Peaches Ritz bits	31.Chex Cereal & Blueberries Extra Cheese Pizza Carrots Oranges Soft pretzels