

OCTOBER 2026 PRESCHOOL MENU	Substitutions are made for all allergies and religious exemptions. Menu subject to change due to availability.	Milk is served with breakfast, lunch & snack. Water is served throughout the day.	1.English muffin w/jelly & mixed fruit Smashed meatball sandwich peas oranges Goldfish	2.Chex cereal & strawberries Mac & Cheese Apple slices Cucumber slices Wheat thins
5.Life Cereal & Blueberries Turkey & Cheese Sandwich Green beans pineapple Cheddar sun chips	6.Bagel & cream Cheese w/ banana Chicken & Cheese sandwich Peas peaches Pepperoni & Ritz WW Crackers	7. Croissants & Jelly w/ applesauce Chicken Pot Pie Soup oranges Snap peas and sweet pepper slices	8 Blueberry pancakes w/ mixed fruit Cheeseburger Carrots pears Jungle Crackers	9.Honey Bunches of Oats & Pear slices Extra Cheese Pizza Orange slices Mixed Salad
12. CLOSED	13.Multigrain Cheerios & Strawberries BBQ Chicken Sandwich Peas peaches Low fat yogurt & Apple slices	14. Cornbread & Banana Beef Veggie Soup pineapples Lance ww cheese crackers	15. Cinnamon Raisin Bread w/ jelly & applesauce Chicken Nuggets Green beans oranges Chex Mix	16. Raisin Bran Muffin & mixed fruit Mac & Beef Strawberries Carrot chips Tortilla chips & salsa
19.Rice Krispies & Banana Ham & Cheese sandwich Carrots pears WW ritz crackers and cheese stick	20. Bagels w/ Butter & mixed fruit Pancakes & sausage Sweet potatoes peaches Sun chips	21. Waffle & Strawberries Chicken Veggie Soup oranges Carrot chips and Ranch	22. English muffin w/ applebutter & applesauce Chicken & cheese sandwich peas pineapples Naan & Humus	23.Special K cereal & Blueberries Extra Cheese Pizza Apple slices Cucumber slices Chez its
26.Kix cereal & pear slices Beef Bologna Sandwich Green beans oranges Edamame & Triscuits	27.WW toast w/ jelly & Banana Chicken Parm Sandwich Peas Pineapple goldfish	28. Croissants w/ butter & Applesauce Tomato Veggie Soup pears Wheat thins	29. Fruit & Yogurt roll up Sausage egg & cheese carrots pineapples Jungle crackers	30.Chex cereal & Strawberries Spaghetti & Meatballs Orange slices Mixed salad Soft pretzel

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